



What is PKT?

Practicing Knowledge Translation (PKT): Implementing evidence. Achieving outcomes is a course that focuses on applying KT science to inform **implementation**. The course presents models and frameworks that use evidence-based implementation strategies to produce behaviour and practice changes and achieve desired outcomes.

The course is designed for **professionals implementing changes** and focuses on **how to apply KT to real-world implementation** projects.



- Creates a personalized learning environment to help participants meet their individual KT learning goals.



- Equips participants with the core competencies to effectively integrate KT theories and evidence-informed practices into the development and implementation of their own projects.



- Provides individual coaching support and feedback to help participants directly apply KT methods to their own projects.



- Establishes a community of practice where current, past, and future participants can share their experiences, challenges, and successes with implementation.

Course Structure

PKT is a three-month course that includes a 3-day in-person workshop, online webinars, and individual coaching support.



Workshop

(October 17–19, 2016)

A 3-day workshop on implementing evidence to create change (held in Toronto)



- Introduction to KT theories, models, and frameworks
- Identifying and understanding barriers and facilitators to changing behaviour
- Using behaviour change theory to identify and operationalize evidence-based implementation strategies



Webinars

(November 2016–January 2017)

Six (6) biweekly webinars after the workshop to:



- Provide continued KT skill-building and learning opportunities
- Enable participants to present and get feedback on projects
- Create networking opportunities between participants



Coaching Support

(October 2016–March 2017)

Participants receive three (3) hours of one-on-one coaching support to discuss their project and get feedback from a KT expert.



Cost

\$2,450 per person. The cost includes the 3-day in-person workshop, 6 bi-weekly webinars, 3 hours of coaching support, and take-home resources. The cost does not include travel or accommodation in Toronto for the 3-day in-person workshop.

Contact

If you would like to discuss whether this course aligns with your learning goals and needs, please contact Melissa Courvoisier (courvoisierm@smh.ca).

Who should participate?

- Professionals in any health-related discipline (e.g., healthcare, public health, mental health) who are responsible for implementing change.
- Previous participants have come from a range of organizations (e.g., hospitals, funding organizations, and government agencies) with a variety of backgrounds (e.g., educators, managers, clinicians, knowledge brokers, researchers).
- PKT is particularly beneficial when participants have an implementation project they are working on directly or indirectly
 - Implementation projects can be broadly defined and be at any stage of development. Examples of previous projects applied during PKT include the following: preventing urinary tract infections in long-term care homes, improving how researchers engage patients in patient-oriented research, increasing hospital mobilization rates, implementing a data-tracking and monitoring system to reduce perinatal mortality in Ethiopia, increasing primary care guideline adherence, and changing organizational email practices.

Testimonials from past participants:

“Practicing KT is one of the most engaging and useful courses I’ve taken. It has equipped me with the theory, knowledge and tools to do effective KT, and to share what I’ve learned with my colleagues. Already, the course has had a positive impact on my organization. I feel excited about what we’ll be able to achieve.”

—Diana Kaan, Strategic Policy Branch, Health Canada

“While we were completing the course we were at the same time applying a number of the lessons to support the development of our projects. We have received incredible feedback about these from other departments in our organization, our stakeholders, and other experts in the field.”

—Andrea Chambers, Evaluation Specialist, Public Health Ontario

