Reflection Worksheet

### Where am I situated?

- What intersecting categories make up your identity?
- Reflecting on your response to the question above, how do your intersecting categories impact your place in society?
- How do your identities relate to the project’s topic area? How might your place in society impact your work on this project?

### Identifying the Problem

- Whose point of view is reflected when defining the problem? For example, is it the Chief Executive Officer or the nurse who has prioritized a specific problem as the focus of the KT project?
- What are the information gaps in the problem area? How can these gaps be filled? Information gaps are areas where you do not have complete knowledge.

### Defining the Evidence-to-Practice Gap

- Who decides which evidence-to-practice gaps is prioritized?

### Selecting the Practice Change

- Of the practice changes under consideration, who is expected to change their behaviour and “do” the practice changes? This “who” could be a health professional, the patient, the community, and/or another group.
- Think about the group expected to change their behaviour (e.g., nurses). What intersecting categories of group members can we reflect on? Think about the group affected by the practice change (e.g., patients). What intersecting categories of group members can we reflect on?

### Appraising Evidence

- What information do I have? What information do I wish I had? Who might have this information? Who should I talk to about this?
- Critically assess the data

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